



Buddha's Great Awakening:

Rohatsu Sesshin

Three days of Zen practice

Daily schedule

AM	6:15	zazen
	6:55	kinhin
	7:05	zazen
	7:45	service
	8:00	breakfast
	8:40	work period
	9:30	zazen
	10:10	kinhin
	10:20	dharma talk
	11:00	kinhin
	11:10	zazen
	11:50	service
PM	12:00	lunch
	12:40	break
	1:30	zazen
	2:10	kinhin
	2:20	zazen
	3:00	kinhin
	3:10	zazen
	3:50	kinhin
	4:00	zazen
	4:40	service
	4:55	supper
	5:20	break
	6:30	zazen
	7:10	kinhin
	7:20	zazen
	8:00	kinhin
	8:10	zazen
	8:50	end of day

Friday, December 9 and 10, 6:15 am—8:50 pm
Sunday, December 11, 6:15 am—4:40 pm
No cost (Donations welcome!)

Rohatsu Sesshin is a time of re-dedication to our practice and of gratitude for the deep wisdom and compassion of the Buddha.

Within our tradition of Soto Zen, we celebrate the Buddha's Great Awakening each year on December 8. In honor and memory of his long seated meditation under the Bodhi Tree, we schedule a three-day sesshin on the weekend closest to December 8th. With the addition of a full day on Friday, the schedule is the same as that for our two-day sittings.

For complete information about our practice and events, visit

www.milwaukeezencenter.org

milwaukee zen center

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